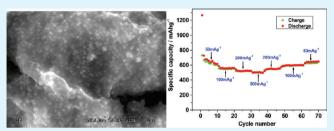
# Fe<sub>3</sub>O<sub>4</sub>/Fe/Carbon Composite and Its Application as Anode Material for Lithium-Ion Batteries

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**ABSTRACT:** A plum pudding-like  $Fe_3O_4/Fe/carbon$  composite was synthesized by a sol-gel polymerization followed by a heat-treatment process and characterized by X-ray diffraction, Raman spectroscopic analysis, thermogravimetric analysis, scanning electron microscopy with energy-dispersive spectroscopy, transmission electron microscopy, and electrochemical test. In this composite, uniform spherical  $Fe_3O_4/Fe$  nanoparticles of about 100 nm were embedded into carbon matrix with high monodispersion. As-prepared  $Fe_3O_4/Fe/carbon$ 



composite electrode exhibits a stable and reversible capacity of over 600 mA h  $g^{-1}$  at a current of 50 mA  $g^{-1}$  between 0.002 V and 3.0 V, as well as excellent rate capability. The plum pudding-like structure, in which trace Fe promotes conductivity and carbon matrix mediates the volume change, can enhance the cycling performance and rate capability of Fe<sub>3</sub>O<sub>4</sub> electrode. This unique structure is valuable for the preparation of other electrode materials.

**KEYWORDS:**  $Fe_3O_4/Fe/carbon composite, plum pudding-like structure, anode material, lithium ion battery$ 

## **1. INTRODUCTION**

Since the first commercialization by Sony Corporation in the early 1990s, lithium-ion batteries have conquered portable electronic market for their high energy density per unit volume or per unit mass and output voltage. As a prime candidate to power the next generation of electric vehicles (EVs) and plug-in hybrid electric vehicles (PHEVs), lithium ion batteries are widely investigated to meet the increasing requirements. In the quest for better batteries, various novel negative materials have been developed since commercial graphite has already approached its theoretical limit of C<sub>6</sub>Li (372 mA h  $g^{-1}$ ). Among these alternatives, nanosized transition-metal oxides (MO, M = Co, Ni, Cu, Fe, or Mn) have intrigued many researchers due to their high electrochemical capacities from the conversion mechanism (MxOy  $\leftrightarrow$  M + Li<sub>2</sub>O) instead of the intercalation reaction.<sup>1</sup> For example, Fe<sub>3</sub>O<sub>4</sub> anodes are attracting growing attention for its high theoretical specific capacity (926 mA h  $g^{-1}$ , Fe<sub>3</sub>O<sub>4</sub> + 8Li<sup>+</sup>  $\leftrightarrow$  4Li<sub>2</sub>O + 3Fe), safety (a slightly higher voltage plateau), high electronic conductivity, nature abundance (low cost), and environmental benignity.<sup>2--</sup> However, a large specific volume change commonly occurs in the host matrices of these metal oxides during the cycling process, thus leading to pulverization of electrodes and rapid capacity decay. In previous research, two main kinds of strategies have often been considered: (1) The design of nanostructured materials (rods,<sup>2,5-8</sup> fiber,<sup>9</sup> wires,<sup>3</sup> spheres,<sup>10,11</sup> film,<sup>12</sup> and so on) is an effective path to reduce the absolute volume change and offer a shorter diffusion length for lithium ion leading to enhanced discharge/charge rates. (2) The other strategy is to use a "buffer" matrix to accommodate large

volume changes and prevent active nanoparticles from aggregating. Carbon is a commonly used matrix, because of its good ionic conductivity, low volume expansion, and tolerance to mechanical stress. To achieve these strategies, researchers have previously tried many methods to create composites of active materials embedded in carbon matrices, including hydrothermal/solvothermal reaction,<sup>2,3,6,10,13–22</sup> electrospinning,<sup>9</sup> chemical deposition,<sup>23–28</sup> impregnation,<sup>29,30</sup> etc. Despite the above successful demonstrations, the preparation of a new type transition-metal oxide/matrix composite with a well-defined shape is still highly desirable and technologically important.

Herein, we successfully synthesized an Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon composite with a unique structure of Plum Pudding by a sol-gel polymerization followed by a heat-treatment process. The synthetic procedure is applicable for large-scale production of metal oxide/carbon composites. In the resulting composite, uniform spherical Fe<sub>3</sub>O<sub>4</sub>/Fe nanoparticles of about 100 nm were embedded into carbon matrix with highly monodispersion. The content of Fe<sub>3</sub>O<sub>4</sub>/Fe is about 54% by weight, so carbon matrix can efficiently accommodate the volume change of the conversion reaction and provide continuous conductive networks, protecting electrode from pulverization. When used as anode materials in lithium ion batteries, as-prepared Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon composite shows excellent electrochemical proper-

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ties in terms of high-rate charge/discharge performance and cyclability.

## 2. EXPERIMENTAL SECTION

**Materials Synthesis.** The Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon Composite was prepared using a simple sol–gel method followed by a heat-treatment process. In a typical synthesis, 0.09 g of cetyltrimethylammonium bromide (CTAB) was dispersed in 100 mL of deionized water with the help of ultrasonication. Then, the mixture of resorcinol (R, 0.11 g), a 37–40 wt % solution of formaldehyde in water (F, 75 g), and sodium carbonate (0.002 g as a catalyst for RF sol–gel polymerization) was added to obtain RF sols. Next, 0.706 g of Fe(acac)<sub>3</sub> was added to the above colloids. This sol was then polymerized at 85 °C for 3 days to obtain the Fe(acac)<sub>3</sub>/RF polymer. After drying in an oven at 85 °C, the product was heat-treated at 600 °C for 1 h under nitrogen atmosphere to carbonize the RF polymer and to get Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon composite. For comparison, pure carbon was prepared in a similar manner except Fe(acac)<sub>3</sub> was absent, and Fe<sub>3</sub>O<sub>4</sub>/carbon composite not containing Fe was also prepared at 500 °C.

Materials Characterization. X-ray diffraction (XRD) patterns were recorded with a German Bruker D8 advance diffractometer equipped with a Cu anticathode (Cu K $\alpha$  radiation  $\lambda$  =1.54056 Å) at room temperature. Transmission electron microscopy (TEM) and scanning electron microscopy (SEM) analysis were carried out, respectively, with a JEOL JEM-2010F TEM and a Hitachi S-4300 SEM with an EDAX GENESIS XM2 60S energy-dispersive spectroscopy analyzer. Raman spectroscopic analysis was performed with a Renishaw In-Via System utilizing a 514.5 nm incident radiation and a 50× aperture (N.A = 0.75), resulting in an  $\sim 2 \mu m$  diameter sampling cross-section. X-ray photoelectron spectroscopy (XPS) spectra were obtained using a Kratos Axis Ultra System with monochromatic Al K $\alpha$ X-rays (1486.6 eV) at 15 kV and 15 mA (emission current) in a chamber with a base pressure of approximately  $1 \times 10^{-8}$  Pa. Thermogravimetric analysis (TGA) was carried out on a TG/ DTA6300 thermal analyzer with a heating rate of 5 °Cmin<sup>-1</sup> in flowing N<sub>2</sub> or air atmosphere.

Electrochemical Characterization. Electrochemical performances were evaluated with CR2032 coin cells with a Neware System. The test electrodes were prepared by mixing 80 wt % composite material with 10 wt % acetylene black as a conductive agent and 10 wt % polymer binder (polyvinylidene fluoride, PVDF) as a binder to form slurry, which was then coated onto a stainless steel foil and pressed and dried under vacuum at 80 °C for 12 h. The coin cells were finally assembled in an argon filled glovebox with the Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon (or pure carbon) test electrode, metallic lithium as the counter and reference electrode, 1 M LiPF<sub>6</sub> in 1:1 diethyl carbonate/ethylene carbonate electrolyte, and Whatman GF/D borosilicate glass-fiber sheets as separators. Discharge-charge measurements were carried out galvanostatically at various rates over a voltage range of 0.002 to 3.0 V (vs Li/Li<sup>+</sup>). Electrochemical impedance spectra (EIS) were recorded between 200 kHz and 5 mHz with an amplitude of 5 mV on a VMP3 (Princeton Applied Research). Cyclic voltammetry (CV) measurement was conducted at 0.05 mV  $s^{-1}$  between 3.0 V and 0.0 V on the same VMP3.

#### 3. RESULTS AND DISCUSSION

The crystal structure of the final products was characterized by XRD and the results are presented in Figure 1a, which match well with those of face-centered Fe<sub>3</sub>O<sub>4</sub> (JCPDS no. 65–3107) in addition to the weak peak at about 44° marked with an asterisk correspond to Fe. The broad signal in the range of 20–30° may be due to the presence of amorphous carbon in the composite. It is further confirmed by the Raman spectroscopic analysis in Figure 1b, which indicates a D-band at 1341 cm<sup>-1</sup> and a G-band at 1595 cm<sup>-1</sup> for carbon. Take into consideration the similarity of XRD patterns between Fe<sub>3</sub>O<sub>4</sub> and Fe<sub>2</sub>O<sub>3</sub>, XPS measurement was used to assign the crystal phase of as-

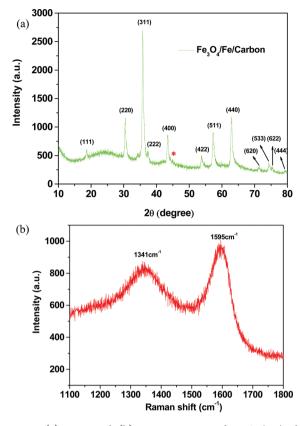


Figure 1. (a) XRD and (b) Raman spectra of  ${\rm Fe_3O_4/Fe/carbon}$  composite.

prepared composite. Figure 2 shows the Fe 2p high-resolution XPS spectrum, in which only two broad peaks (724.8 and 711.3

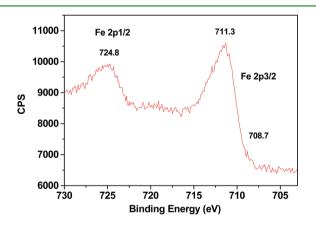


Figure 2. XPS from Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon composite.

eV) can be observed corresponding to Fe 2p1/2 and Fe 2p3/2 for Fe<sub>3</sub>O<sub>4</sub>. There is no satellite peak at about 719 eV, which is characteristic for Fe<sub>2</sub>O<sub>3</sub>, further confirming the Fe<sub>3</sub>O<sub>4</sub> phase.<sup>18</sup> Moreover, the weak Fe 2p3/2 peak at around 708.7ev refers to trace Fe of composite.<sup>31</sup> It can be concluded that Fe(acac)<sub>3</sub> in the Resorcinol Formaldehyde (RF) sol–gel was converted to Fe<sub>3</sub>O<sub>4</sub> and trace amounts Fe when heat-treated at 600 °C under nitrogen atmosphere with the presence of carbon precursor.

The microstructure of the sample is revealed by SEM and TEM analysis shown in Figures 3 and 4. Figure 3b shows the energy-dispersive X-ray spectroscopy (EDX) spectrum of the  $Fe_3O_4/Fe/carbon$  composite corresponding to the SEM in

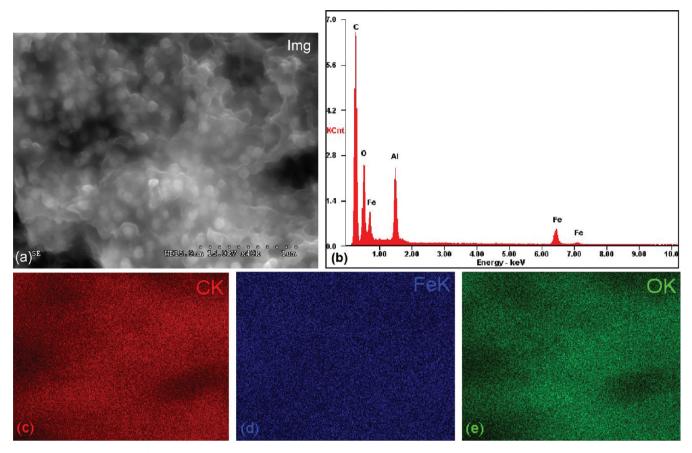


Figure 3. (a) SEM image; (b) EDX spectrum; (c-e) Elemental maps of C, Fe, and O in Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon composite.

Figure 3a. The peaks corresponding to C, O, Al, and Fe are clearly identified. The peak for Al, comes from the Al-based conductive adhesive supporting the sample. EDX and elemental mapping confirm that the Fe<sub>3</sub>O<sub>4</sub> nanoparticless are dispersed uniformly in the carbon matrix. TEM images b and c in Figure 4 clearly show the size of the  $Fe_3O_4$  nanoparticles is about 100 nm, and these roughly spherical nanoparticles are suspended in carbon matrix just like plums in pudding. Figure 4d is a highresolution TEM (HRTEM) image taken from two contiguous nanoparticles' fringes which reveal a heterogeneous core-shell structure clearly. The d spacing of the lattice fringes in the core region is 0.252 nm corresponding to the (311) plane of Fe<sub>3</sub>O<sub>4</sub>. And a shell about 3 nm in thickness is uniformly coated onto the surface of  $Fe_3O_4$  core. The shell region is indexed to be Fe, based on the interplanar crystal spacing of 0.202 nm along to (110) and the result of XRD index. It indicates the  $Fe_3O_4$ adjacent carbon is partially reduced by the carbon. Because of the low conductivity of carbon from pyrolysis of organic compounds,<sup>32</sup> the presence of trace of Fe on the surface of Fe<sub>3</sub>O<sub>4</sub> is helpful for improving the conductivity. We have also taken note that the core-shell nanoparticles with high monodispersion are wrapped by amorphous carbon layer. This unique embedded structure is expected to ensure a good mechanical integrity to Fe<sub>3</sub>O<sub>4</sub> material when used as an electrode in lithium ion battery.

Thermogravimetrics (TG) analyses were adopted to disclose the formation process and the carbon content of  $Fe_3O_4/Fe/$ carbon composite with plum pudding-like structure. Figure 5a shows the TG and DTG results of the precursor ( $Fe(acac)_3$ embedded into RF polymer) heat-treated under N<sub>2</sub> atmosphere. Four obvious valleys can be observed in DTG curve. The first one below 200 °C is ascribed to the loss of water, and the other three are from the chemical reaction. XRD results (not shown here) indicate that Fe<sub>2</sub>O<sub>3</sub> starts to generate at 200 °C, and then it is entirely converted into Fe<sub>3</sub>O<sub>4</sub> at 500 °C. When the temperature is rased to 600 °C, trace Fe forms with the presence of carbon. The carbon precursor is deduced to start being carbonized at about 270 °C. On the other hand, thermal stability of Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon composite under air atmosphere is also detected by TG, shown in Figure 5b. The mass of composite keeps almost unchanged below 300 °C, which indicates the composite is stable under atmosphere. With the temperature increase, an obvious weigh loss occurs near 300 °C extending to 420 °C, indicating an oxidation of carbon in the sample. In this process, Fe<sub>3</sub>O<sub>4</sub> and trace Fe are transformed into Fe<sub>2</sub>O<sub>3</sub>, which can bring a small mass increase. It is estimated that the carbon content of Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon composite is about 46 wt %.

Figure 6a shows the results of discharge–charge galvanostatic cycles of the Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon composite electrode in the voltage of 0.002 to 3.0 V (vs Li/Li<sup>+</sup>). As a comparison, pure carbon electrode prepared by the same procedure was also investigated under the same electrochemical conditions. The theoretical specific capacity of Fe<sub>3</sub>O<sub>4</sub> and carbon is 926 and 372 mA h g<sup>-1</sup>, respectively, so the Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon composite electrode here has a theoretically calculated specific capacity of 671 mA h g<sup>-1</sup>. This calculation method of capacity is available in other works in terms of carbon composite electrode.<sup>33–35</sup> Herein, the results indicate that the discharge capacity of the Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon electrode in the first cycle is as high as 1192 mA h g<sup>-1</sup> and the corresponding charge capacity is 685 mA h g<sup>-1</sup> at a 50 mA g<sup>-1</sup> rate, which exceed the theoretical capacity.

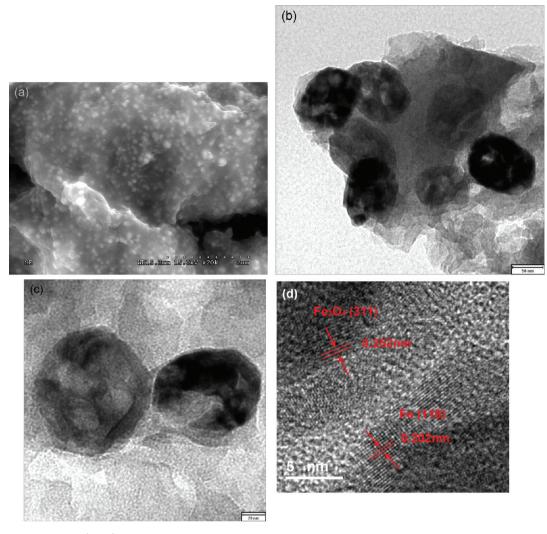


Figure 4. (a) SEM image and (b--d) TEM images of Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon composite.

This phenomenon has also been reported for other metal oxides electrode somewhere else, 36-38 which might be attributed to electrolyte decomposition, lithium storage on surface of polymeric layer or interfacial storage.<sup>1</sup> The columbic efficiency is 57% in the initial cycle, after that keeps above 98% in the following discharge-charge cycles. The electrode delivers a very stable specific capacity of above 600 mAhg<sup>-1</sup> through the subsequent 40 cycles without any decay. The irreversible capacity in the first cycle is usually ascribed to three aspects: First, the formation of solid electrolyte interphase (SEI) films on the electrode surface; Second, lots of oxygen and hydrogen atoms presented in the Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon composite contribute to the irreversible capacity since this composite was prepared by carbonization of RF polymer at a low temperature of 600 °C.<sup>39,40</sup> Last, the incomplete decomposition of Li<sub>2</sub>O from the reaction of Li and  $Fe_3O_4$  is due to the presence of inactive or electrically disconnected Li<sub>2</sub>O/Fe regions.<sup>1</sup> These processes consume much Li from the counter electrode. In the first process, the lithium loss is impossible to avoid since SEI films form in the discharge process inevitably. Therefore, increasing reversible formation and decomposition of Li2O should be taken into consideration to reduce this lithium loss. Kang et al. reported that Ni had the catalytic activity to facilitate Li2O decomposition in Ni-Co<sub>3</sub>O<sub>4</sub> composite electrode.<sup>41-43</sup> Hu et al. have synthesized Au<sub>core</sub>Co<sub>3</sub>O<sub>4shell</sub> nanocubes anode in which

Au as a catalyst decreasing the binding energy of Li<sub>2</sub>O.<sup>44</sup> Our group has also used Au to enhance the electronic conductivity of SnO<sub>2</sub> anode.<sup>45</sup> In addition, metallic iron in nanoscale was considered to provide an electronically conductive network and improve the cyclbility of electrode.<sup>46,47</sup> As a comparison, we prepared Fe<sub>3</sub>O<sub>4</sub>/carbon composite not containing Fe. XRD patterns and cycling performance of Fe<sub>3</sub>O<sub>4</sub>/carbon composite are shown in panels a and b in Figure 7, respectively. It is found that this composite electrode can only delivers a specific capacity of less than 400 mA h  $g^{-1}$  and an initial columbic efficiency of 50% at 50 mA  $g^{-1}$ , which are much lower than that of Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon composite electrode. To find out whether the electrical conduction can be improved by trace Fe in the composite, we conducted an impedance test on two half cells with the Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon composite and Fe<sub>3</sub>O<sub>4</sub>/carbon composite as the working electrodes. As shown in Figure 7c, the Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon composite electrode has much smaller charge-transfer impedance than that of Fe<sub>3</sub>O<sub>4</sub>/carbon composite electrode. Considering similar electrical conductivity for carbon materials from pyrolysis of organic compounds at 500 and 600 °C,<sup>32</sup> it is deduced that trace Fe of the Fe<sub>3</sub>O<sub>4</sub>/Fe/ carbon composite may improve the electrochemical performance of the electrode.

Figure 6b presents the representative discharge-charge curves of the  $Fe_3O_4/Fe/carbon$  composite electrode for the

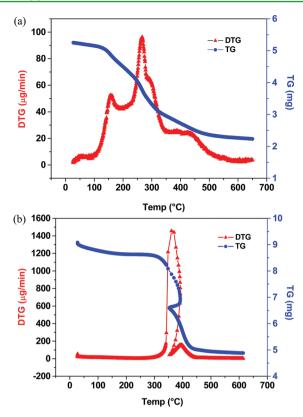


Figure 5. TG results of (a) the precursor under  $N_2$  atmosphere and (b) as-prepared Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon composite under air atmosphere.

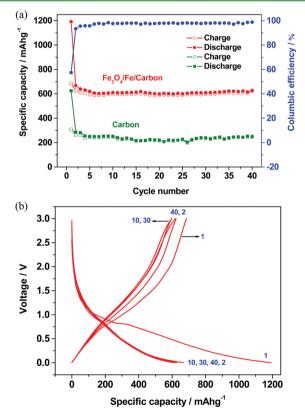


Figure 6. (a) Cycling stability and (b) discharge–charge profiles of  $Fe_3O_4/Fe/carbon$  composite electrode.

first, second, 10th, 30th, and 40th cycle at a rate of 50 mA  $g^{-1}$ . The discharge voltage first reaches a plateau at about 1.0 V in

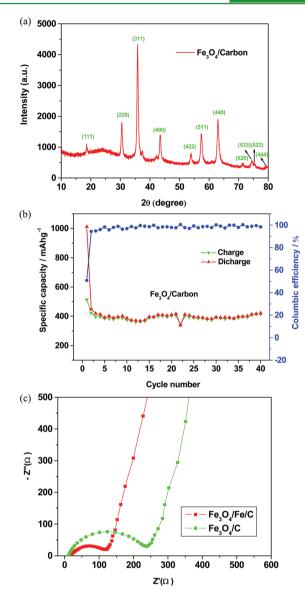


Figure 7. (a) XRD pattern Fe<sub>3</sub>O<sub>4</sub>/carbon composite, (b) cycling stability of Fe<sub>3</sub>O<sub>4</sub>/carbon composite electrode at a current of 50 mA  $g^{-1}$ , and (c) impedance spectra of Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon electrode, and Fe<sub>3</sub>O<sub>4</sub>/carbon electrode.

the first cycle, and then a 0.75 V plateau followed by a long slope, which are ascribed to the formation of SEI on the surface of electrode and the insertion of lithium ions into  $Fe_3O_4/Fe/$  carbon composite electrode. During the following discharge process, the average voltage plateau stays at 0.75 V. Besides, the charge curves overlap after the second cycle. As we know, commercial graphite will make a risk of high-surface-area Li plating at the end of recharge, which is associated with safety problems.<sup>48</sup> Herein, the Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon composite electrode reduces the risk because of its slightly higher voltage plateau.

In addition to the excellent cycling performance, the  $Fe_3O_4/Fe/carbon$  composite electrode also shows high rate performance. Figure 8 illustrates the result of cycling at continuously various rates for the same battery. Clearly, the electrode delivers a reversible specific capacity of over 500 mA h g<sup>-1</sup> at a high rate of 500 mA g<sup>-1</sup>. When returning to the initial 50 mA g<sup>-1</sup>, the composite electrode reassumes the original capacity of more than 600A h g<sup>-1</sup>. These confirm that this electrode can keep its

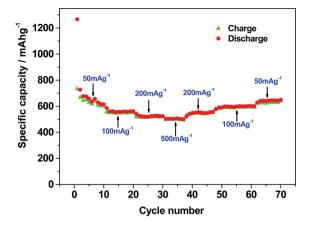


Figure 8. Cycling performance of the same cell at various rates for  $Fe_3O_4/Fe/carbon$  composite electrode.

integrity during discharge—charge cycles, which show the good dynamic performance.

Combining the high reversible capacity, excellent cyclic performance, and good rate capability, we believe that this Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon composite is a potential good candidate as anode material of high-performance lithium-ion batteries. The excellent electrochemical performance of the Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon composite electrode can be explained as follows: First,  $Fe_3O_4/$ Fe nanoparticles with a diameter of about 100 nm have a high active reactivity with lithium and at the same time alleviate the absolute volume changes. Second, the embedded structure of Plum Pudding-like provides large contact surface and good adherence between Fe<sub>3</sub>O<sub>4</sub>/Fe nanoparticles and carbon matrix, which reduces the diffusion distance of lithium ions and is very helpful for electron and lithium ion conduction. Furthermore, nanosized  $Fe_3O_4/Fe$  particles are isolated by the carbon matrix which acts as a barrier to prevent the aggregation of Fe<sub>3</sub>O<sub>4</sub>/Fe nanoparticles. Both of the two factors are the keys to the excellent performance because they can restrain "pulverization" of electrode. Last, as mentioned earlier, trace Fe of the  $Fe_3O_4/$ Fe/carbon composite may catalyze the reversible transfer of Li<sub>2</sub>O and enhance the electron conduction networks, thus improving electrochemical performance of electrode.

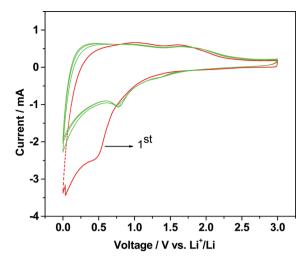
To further understand the electrochemical process, the cyclic voltammetry (CV) curves of this  $Fe_3O_4/Fe/carbon$  composite was recorded for the first four cycles in the voltage range between 3.0 V and 0.0 V at a scan rate of 0.05 mV s<sup>-1</sup> in Figure 9. In the first cycle, there is a broad peak appears at about 0.50 V in the cathodic process, which can be ascribed to the formation of SEI and the reduction of Fe<sup>3+</sup> and Fe<sup>2+</sup> to Fe<sup>0 29</sup>

$$Fe_3O_4 + Li \rightarrow Fe^0 + Li_2O$$
 (1)

Two anodic peaks are present at 1.0 V and 1.6 V, corresponding to the oxidation of  $Fe^{0}$  to  $Fe^{3+}$ 

$$Fe^0 + Li_2O \rightarrow Fe_3O_4 + xLi$$
 (2)

In the anodic process, both the peak current and the integrated area of the anodic peak are decreased, indicating capacity loss during the charging process. It is consistent with the results of discharge/charge test. During the subsequent cycles, the cathodic peak potential shifts to about 0.77 V positively with the appearing of a tiny peak at 1.3 V comparing to the first cycle. The anodic peaks shift very slightly. As can be seen, CV



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Figure 9. CV of  $Fe_3O_4/Fe/carbon$  composite electrode showing the first four cycles between 3.0 V and 0.0 V at a scan rate of 0.05 mV s<sup>-1</sup>.

curves of the  $Fe_3O_4/Fe/carbon$  composite electrode are very stable from the second cycle onward.

### 4. CONCLUSIONS

In summary, we have successfully synthesized an Fe<sub>3</sub>O<sub>4</sub>/Fe/ carbon composite with a unique structure of Plum Pudding by a sol-gel polymerization followed by a heat-treatment process. In this embedded structure nanosized Fe<sub>3</sub>O<sub>4</sub>/Fe particles are dispersed uniformly into carbon matrix, which can accommodate volume expansion/contraction of Fe<sub>3</sub>O<sub>4</sub> during discharge-charge processes and keep the integrity of electrode. The presence of trace Fe on the surface of Fe<sub>3</sub>O<sub>4</sub> particles can further enhance the electron transfer and reduce the resistance within the active nanoparticles. The Fe<sub>3</sub>O<sub>4</sub>/Fe/carbon composite electrode shows a high reversible capacity (over 600 mA h g<sup>-1</sup> at a current of 50 mA g<sup>-1</sup>), excellent cyclic performance and good rate capability, indicting its promising potential as anode material for Li-ion batteries. As a result, this plum pudding-like structure may be extended to other electrode materials including transition-metal oxides, nitrides, sulphides, fluorides, and phosphides in which conversion reactions are common.

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## Notes

The authors declare no competing financial interest.

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